

# **Mental health phase of care - a new concept in mental health:**

**Clinicians' views and findings from  
an inter-rater reliability study**

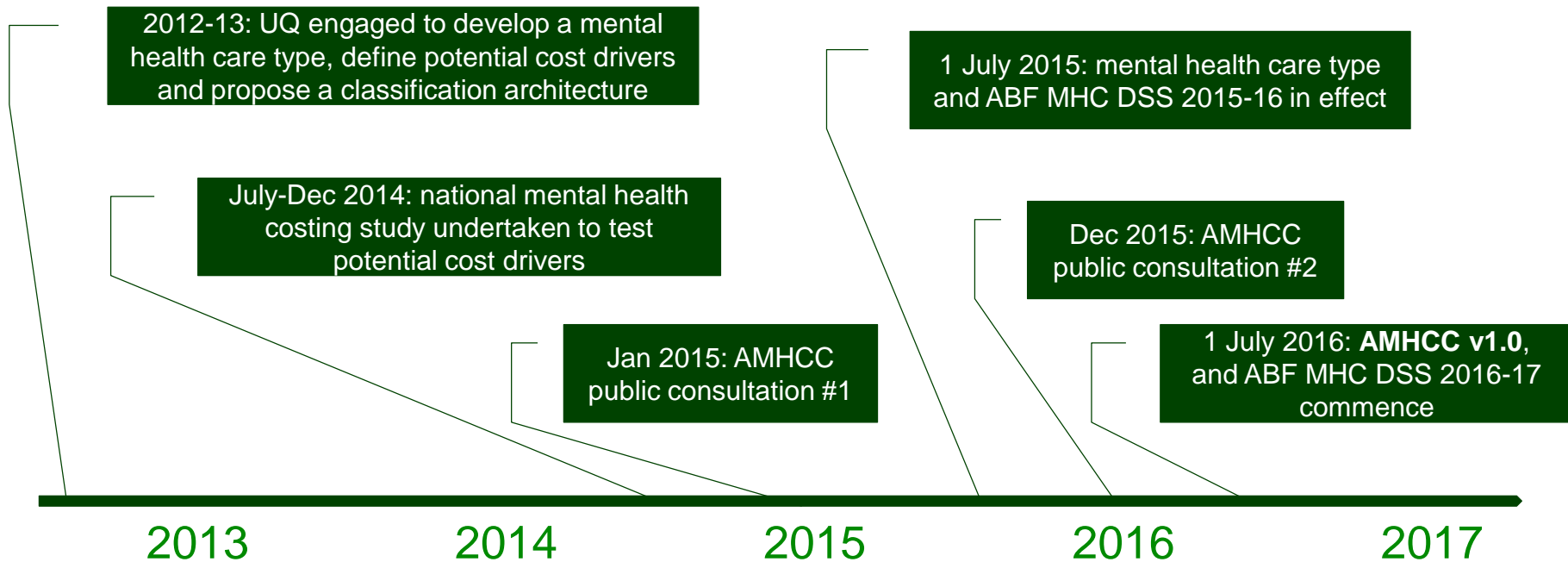


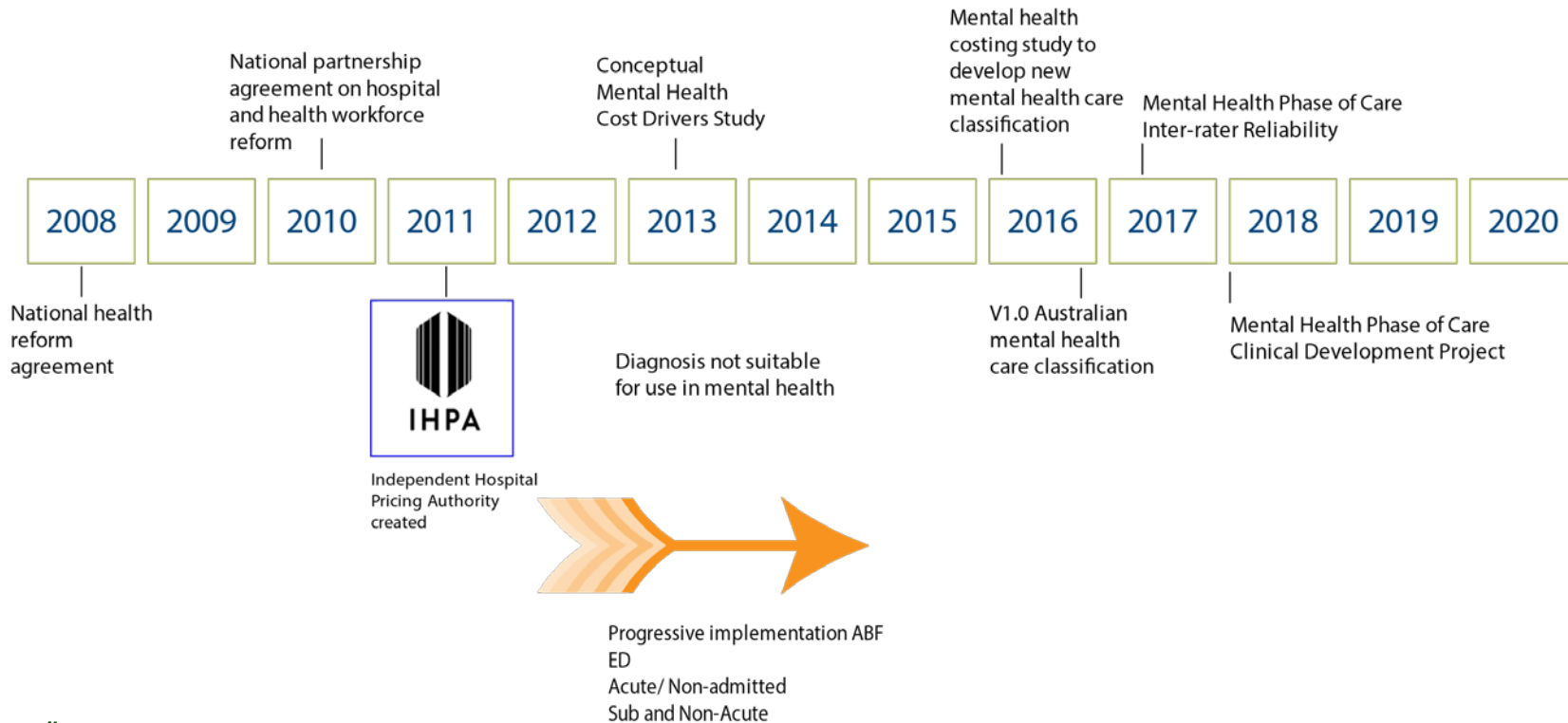
**IHPA**

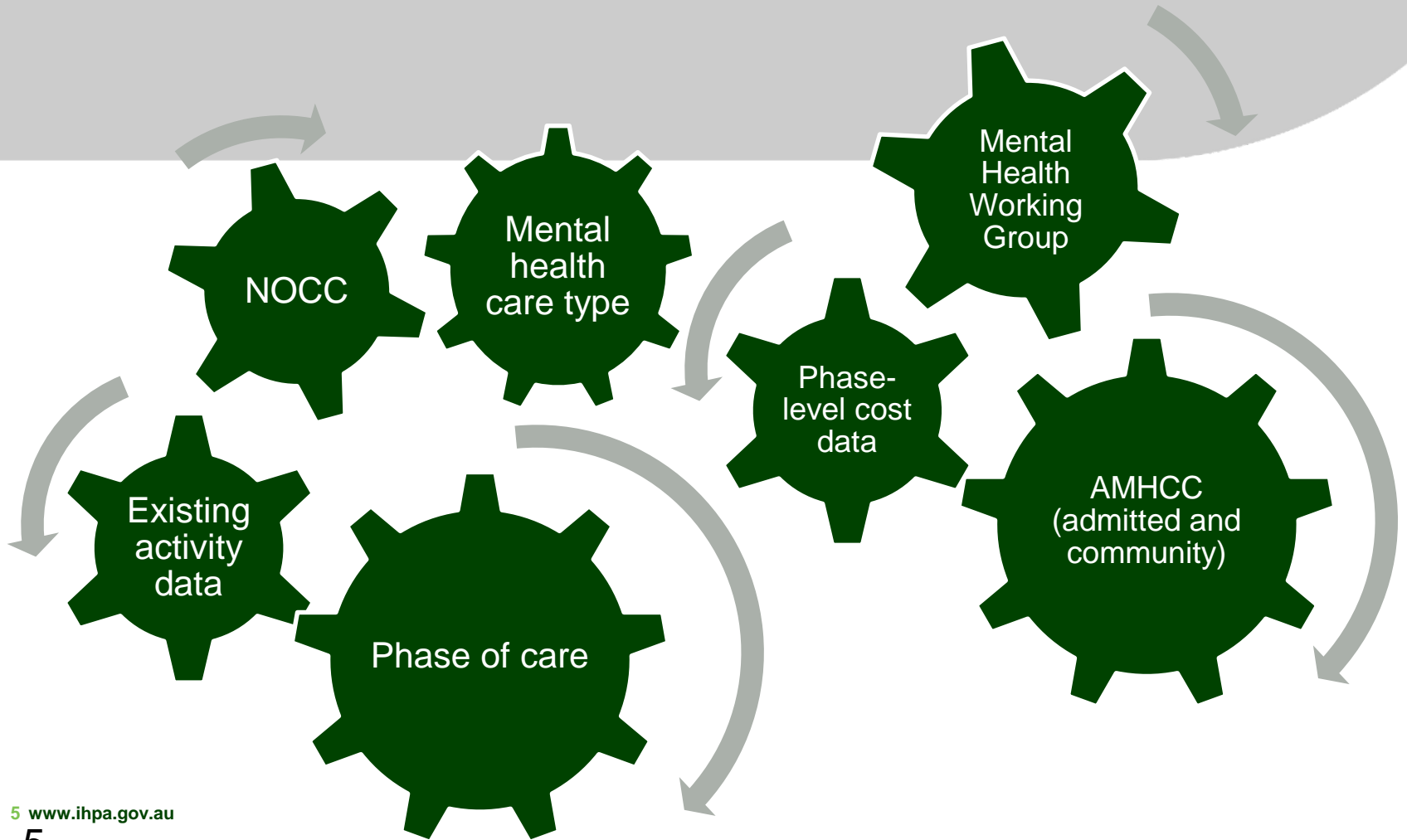
# Aim

- Describe the
  - Australian Mental Health Care Classification
  - Mental Health Phase of Care
- Report the
  - Results of an inter-rater reliability study
- Discuss the implications for
  - Clinical practice
  - National Outcomes and Casemix Collection (NOCC)

# Work to date









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## Mental Health Service Cost Drivers – an International Literature Review

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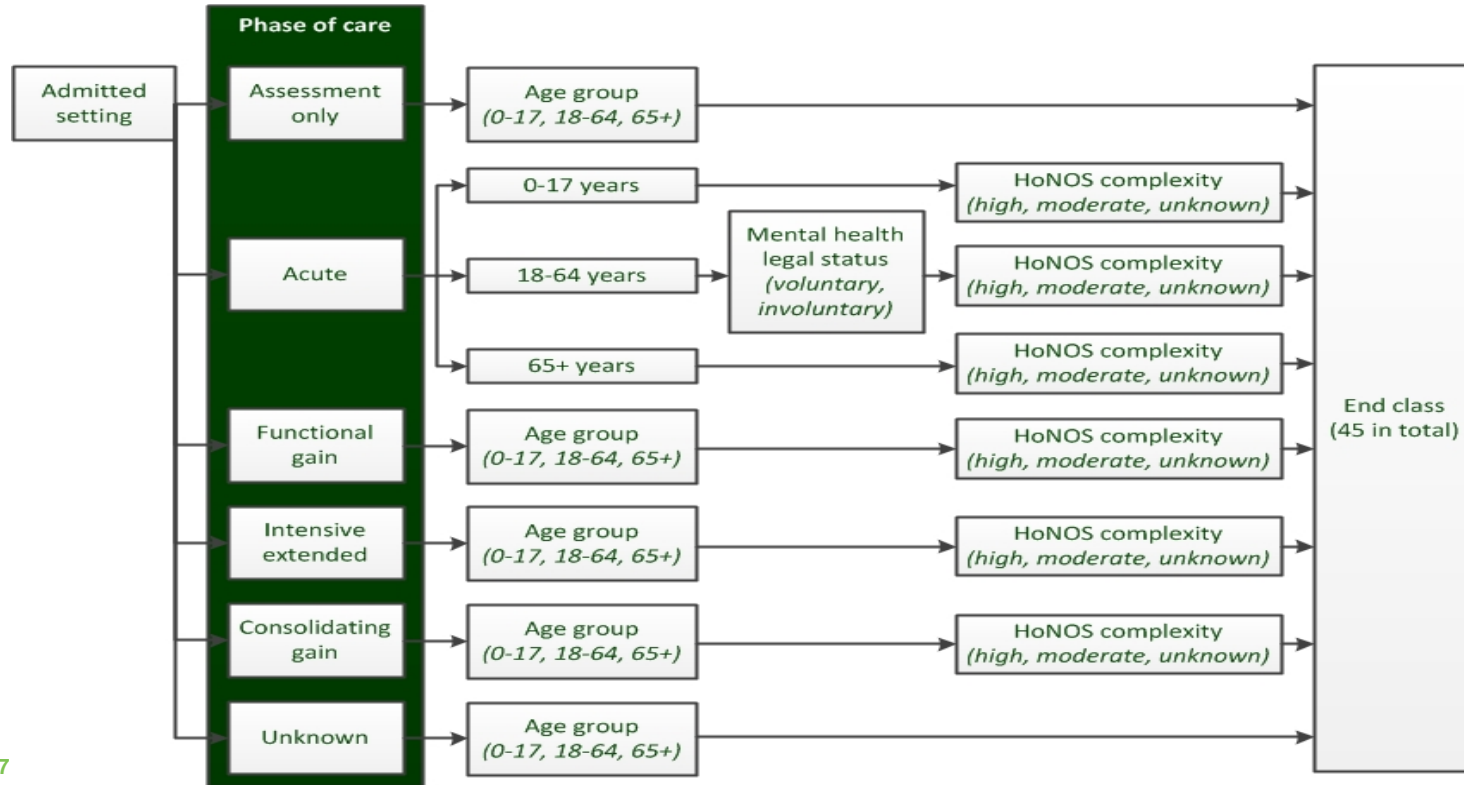
Final report for Stage B of the Definition and  
Cost Drivers for Mental Health Services project  
Volume 2

Prepared by The University of Queensland for the Independent  
Hospital Pricing Authority to assist the development and  
specification of a mental health classification system

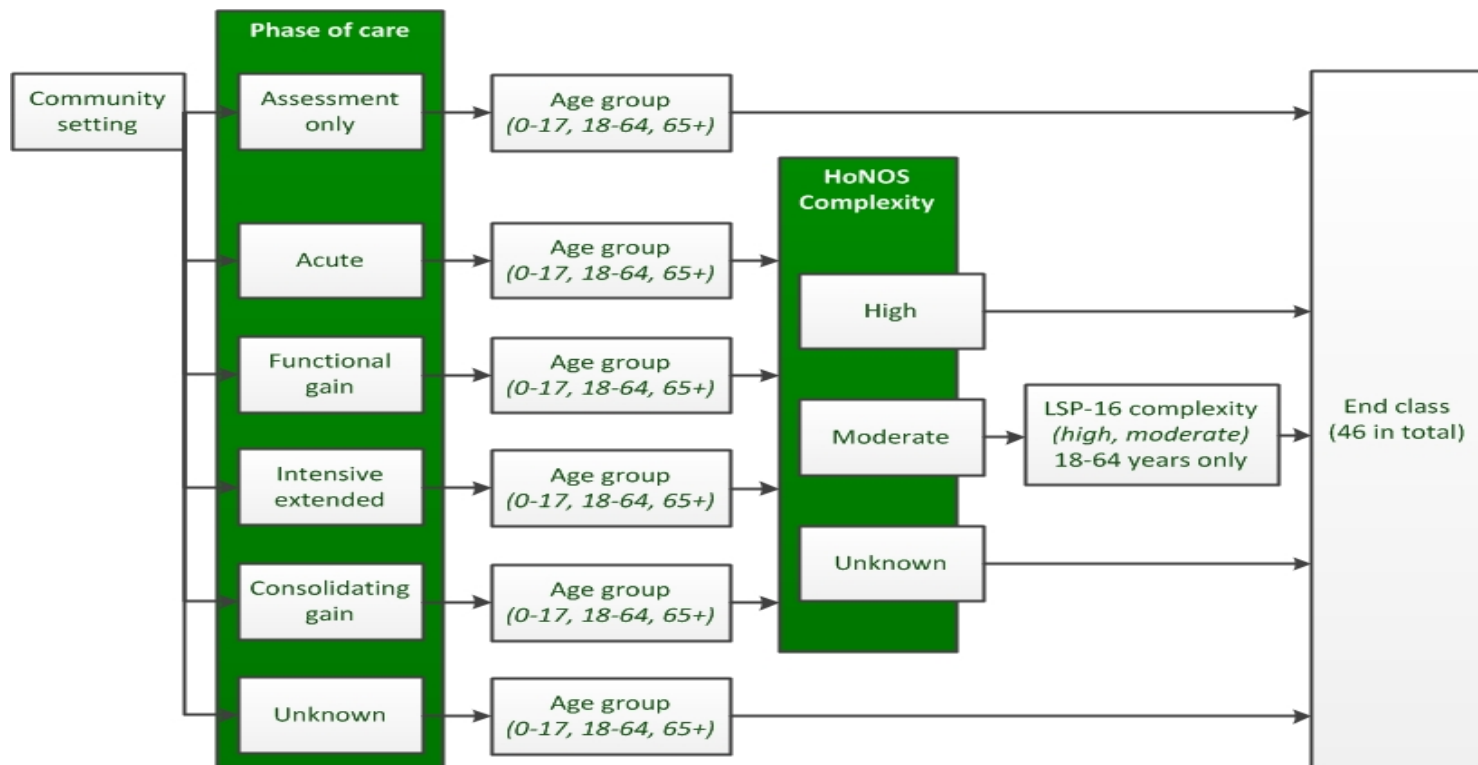
June 2013

- *Patient illness factors*
  - principal diagnosis/diagnostic cluster
  - functioning/disability
  - symptom severity
  - Comorbidities
  - indicators of risk of harm to self or others
  - treatment history;
- *Patient characteristics*
  - socio-demographic factors
  - age; ethnicity/aboriginality
  - socio-economic factors
  - employment status.

# Admitted setting



# Community setting





# Mental health phase of care

- Prospective primary goal of care
- Independent of the setting and the designation of service
- Five phases:
  - assessment only
  - acute
  - functional gain
  - intensive extended
  - consolidating gain

## Acute

**Acute:**  
The primary goal is the short term reduction in severity of symptoms and/or personal distress associated with the recent onset or exacerbation of a psychiatric disorder.

## Functional Gain

**Functional Gain:**  
The primary goal is to improve personal, social or occupational functioning or promote psychosocial adaptation in a consumer with impairment arising from a psychiatric disorder.

## Intensive Extended

**Intensive Extended:**  
The primary goal is prevention or minimisation of further deterioration, and reduction of risk of harm in a consumer who has a stable pattern of severe symptoms, frequent relapses or severe inability to function independently and is judged to require care over an indefinite period.

## Consolidating Gain

**Consolidating Gain:**  
The primary goal is to maintain the level of functioning, or improving functioning during a period of recovery, minimise deterioration or prevent relapse where the consumer has stabilised and functions relatively independently. Consolidating gain may also be known as maintenance.

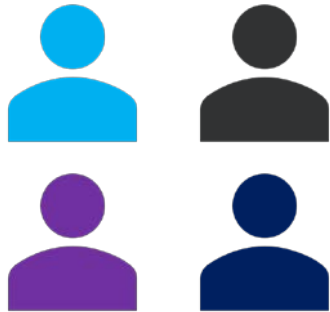
## Assessment Only

**Assessment Only:**  
The primary goal is to obtain information, including collateral information where possible, in order to determine the intervention/treatment needs and to arrange for this to occur (includes brief history, risk assessment, referral to treating team or other service).

# Inter-rater reliability



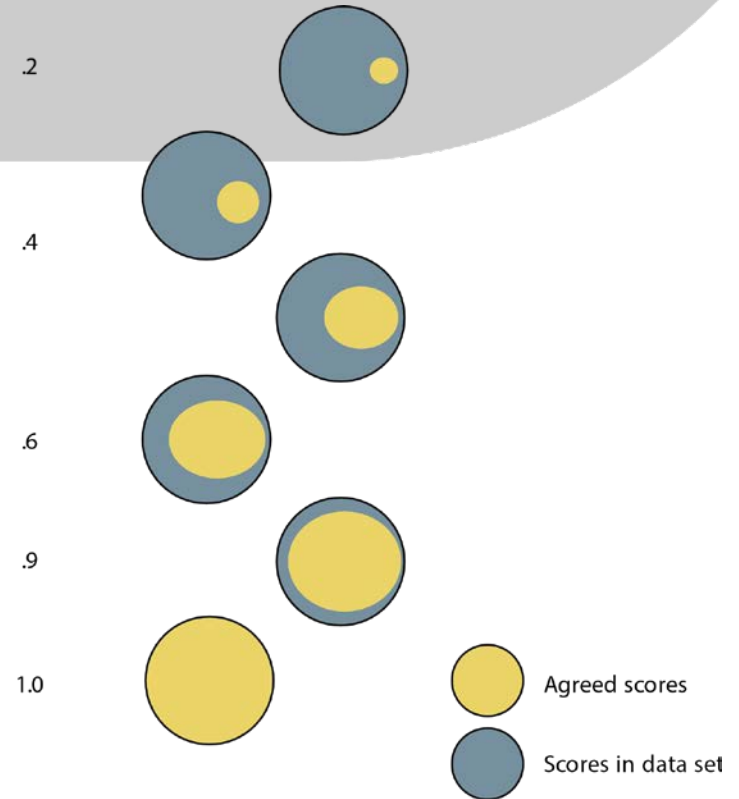
# Inter-rater reliability



# What is Kappa?

Accounts for the possibility that raters could have agreed by chance

**Greater than 0.75 Excellent**  
**0.40 to 0.75 fair to Good**  
**less than 0.4 Poor**



McHugh, M. L. (2012). Interrater reliability: the kappa statistic. *Biochemia Medica*, 22(3), 276-282

# Study Design

## Naturalistic/ observational

- Logistically complex
- Selection bias
- Ethics approval

## Vignettes

- Videos
- Written
  - All phases
  - All ages
  - All settings

# Study Design

## Vignettes

- All phases
- All age groups
  - 20 months to 90 years
- Face to Face and Online
- NSW, QLD, VIC, SA, WA, TAS

# Inter-rater reliability study

		Number of respondents	%
<b>Total</b>		<b>434</b>	<b>100%</b>
Location	NSW	112	26%
	QLD	46	11%
	SA	109	25%
	TAS	38	9%
	VIC	59	14%
	WA	70	16%
Mode of training	Face to face	331	76%
	Online	103	24%
Seen or completed Mental Health Phase of Care prior to this session?	Yes	148	34%
	No	279	64%
	Not provided	7	2%



# Inter-rater reliability study

		Number of respondents	%
	<b>Total</b>	<b>434</b>	<b>100%</b>
Main target population	Child and Adolescent	75	17%
	Adult	318	73%
	Older Persons	35	8%
	Not provided	6	1%
Main service setting	Ambulatory mental health service	320	74%
	Admitted mental health service	92	21%
	Other	18	4%
	Not provided	4	1%
Discipline	Psychologist	45	10%
	Psychiatrist	25	6%
	Psychiatric Registrar	8	2%
	Social Worker	79	18%
	Occupational Therapist	32	7%
	Nurse	212	49%
	Other	32	7%
Years of experience	0-5	100	23%
	6-10	88	20%
	11-15	71	16%
	16-20	65	15%
	21-25	26	6%
	26-30	40	9%
	30+	38	9%

# Inter-rater reliability study

**Greater than 0.75 Excellent**  
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	<b>Child and Adolescent</b>	<b>Adult</b>	<b>Older Person</b>
Number of responses	465	2,622	252
Raw agreement	61%	67%	59%
<b>Calculated Kappa statistic</b>	<b>0.3364</b>	<b>0.4247</b>	<b>0.4161</b>
95% confidence interval	(0.3222, 0.3505)	(0.4214, 0.4280)	(0.3956, 0.4366)

# Limitations

- Recruitment
- Vignettes
- Training
- Environment

# More detail

Mental Health  
Phase of Care



Inter-rater Reliability Study  
Final Report

April 2017

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# Focus Group Results

- Potential system gaming – if funding is directly linked to the phase of care, there may be a tendency for people to put all consumer's into 'intensive extended' in order to maximise the funding rewards
- Some respondents were unable to see how phase of care could be linked to activity based funding and saw it as having more of a clinical benefit rather than being utilised to determine funding allocation.

# Focus Group Results (continued)

- Some respondents were enthusiastic and were looking forward to discussing it within their workplaces.
- Some respondents thought that the phase of care could be seen as a tool to manage caseloads and treatment planning.
- The introduction of phase of care will require additional training, documentation and validation. Respondents questioned who would be responsible for managing and reviewing the processes to assign phases of care.

# Where to from here?

- IHPA undertaking further refinement of Mental Health Phase of Care concept
- Work with MHISSC
- Implementation
  - Jurisdictions submitting data
- National Outcomes and Casemix Collection (NOCC 2.0)

# More information

- Keep up to date at <https://www.iHPA.gov.au/what-we-do/mental-health-care>
- Connect with us on twitter ([@IHPAnews](#)) and [LinkedIn](#)